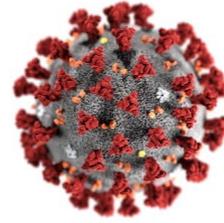




Mayor Brindle's COVID-19 Update March 5, 2020



Westfield Regional Health Department prepares for novel coronavirus (COVID-19)

The Westfield Regional Health Department (WRHD) has been and will continue to actively monitor the evolving situation involving COVID-19 in New Jersey. In addition, we are reviewing and sharing the guidance that is being provided by the New Jersey Department of Health (NJDOH) and the Centers for Disease Control and Prevention (CDC).

The WRHD has taken some additional internal preparedness actions that include:

- Participating in NJDOH and CDC information and guidance conference calls and webinars
- Maintaining daily contact with State Epidemiologists on the changing situation
- Conducting collaborative meetings with the other public health agencies from the surrounding area
- Reviewing applicable emergency plans and procedures, including the Department's Pandemic Plan
- Communicating with local schools and health care providers to provide updated guidance
- Please be assured that if and when this situation rises to the level that warrants additional proactive preparedness, response or mitigation actions, the WRHD will act in accordance with our plans and take the appropriate actions.

At this time, it is important to note that there has not been documented widespread activity of novel coronavirus in Union County or New Jersey. However, we are still seeing many cases of influenza as well as other respiratory illnesses.

As with all illnesses, it is important to take steps to prevent the spread of germs:

- Cover your mouth and nose with a tissue or your sleeve while coughing or sneezing
- Wash your hands frequently
- Avoid touching your face
- Stay home if you are sick
- We encourage residents to call the NJ COVID-19 Hotline at 1-800-222-1222 if they have general questions about novel coronavirus.

It is important to have factual up to date information on novel coronavirus. The Centers for Disease Control and Prevention are providing live updates to their page which can be found at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus).

New Jersey specific information can also be found at <https://www.nj.gov/health/cd/topics/ncov.shtml>

Additional information can also be found at the Westfield Regional Health Department's webpage at www.westfieldnj.gov/health